

SUGGESTED PACKING LIST

At Autumn Lake Post Acute Care Center we encourage residents to bring along items from home to create a more personal environment.

10 complete changes of clothing (undergarments, socks, slacks or skirts, shirts). Clothing should be easy to put on and off.
2 warm sweaters
4 sets of pajamas
Comfortable shoes
Sneakers
Slippers
Bath shoes
Robe
Decorative touches, such as photos of family & friends
A soft, warm lap blanket
3 sets of workout gear (sweatpants or leggings, t-shirts)
Personal care items

